



 Windrose Aromatics
authentic aromatherapy

Product Catalogue

*Your complete aromatherapy source, offering
pure and genuine essential oils, diffusers,
quality base products & accessories*

authentic aromatherapy



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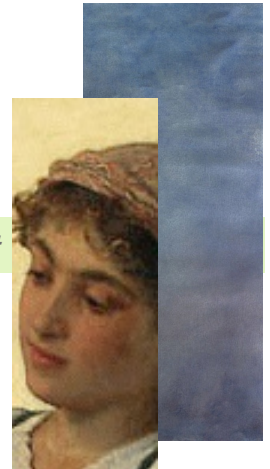
Our commitment to quality ensures essential oils you can purchase with confidence

From the seed to the plant

The production of pure and genuine essential oils for authentic aromatherapy requires quality control from the plant in the field to the bottle on your shelf, ensuring proper species, growing conditions, harvesting, distillation, and testing of the final product.



Windrose Aromatics uniquely benefits from the special skills of our botanical analyst who regularly monitors and supervises the crop production, development, distillation, and testing of our essential oils in each country of origin.



From the plant to the bottle

- Our essential oils are obtained directly from the distillers. Most other essential oils are handled by numerous brokers before they reach the consumer.
- The high quality of our oils is guaranteed by our quality control expert who regularly visits distillers in the various countries of origin throughout the world.
- To meet the higher quality standards of phytotherapy each of our essential oils is guaranteed to be pure, genuine, unadulterated, and of a single species.
- Many commercially available oils are standardized or manipulated to suit flavor and fragrance industry standards.
- All of our essential oils are guaranteed pesticide-free. We offer organic essential oils whenever available.
- Our oils are analyzed by Gas Chromatography and Mass Spectrum (GC-MS) methods at an independent European laboratory and the results interpreted by our quality control expert.



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100% Pure and Genuine Essential Oils

Essential Oil, Country of Origin, Latin Name

Basil Linalool, low methyl chavicol (Egypt) *Ocimum basilicum* var. *crispum*
 Bergamot, FCF* (Italy) *Citrus aurantium* var. *bergamia*
 Cajeput (Vietnam) *Melaleuca cajuputi*
 Cardamom (Guatemala) *Elettaria cardamomum*
 Carrot Seeds (Hungary) *Daucus carota* var. *sativa*
 Cedarwood (USA) *Juniperus virginiana*
 Cedarwood Atlas (Morocco) *Cedrus atlantica*
 Cinnamon Bark (Sri Lanka) *Cinnamomum zeylanicum*
 Cinnamon Leaf (Sri Lanka) *Cinnamomum zeylanicum*
 Cistus Labdanum (France) *Cistus ladaniferus*
 Citronella (Sri Lanka) *Cymbopogon nardus*
 Clary Sage (Russia) *Salvia sclarea*
 Clove Bud (Madagascar) *Eugenia caryophyllata*
 Cypress (Spain) *Cupressus sempervirens*
 Elemi (Phillipines) *Canarium luzonicum*
 Eucalyptus, Organic (Australia) *Eucalyptus radiata*
 Eucalyptus (Brazil) *Eucalyptus citriodora*
 Eucalyptus (China) *Eucalyptus globulus*
 Fennel (Spain) *Foeniculum vulgare*
 Fir Needle (Russia) *Abies siberica*
 Geranium (Egypt) *Pelargonium odoratissimum*
 Geranium Bourbon - Rose Geranium (Madagascar) *Pelargonium roseum*
 Ginger Root (China) *Zingiber officinale*
 Grapefruit, Pink (USA pressed peel) *Citrus paradisi*
 Juniper Berries (Macedonia) *Juniperus communis*
 Lavandin (France) *Lavandula x Int hybrida*
 Lavender, Organic (Bulgaria) *Lavandula angustifolia*
 Lavender, High Altitude (France) *Lavandula angustifolia*
 Lemon (USA pressed peel) *Citrus limonum*
 Lemon (USA DISTILLED) *Citrus limonum*
 Lemongrass (India) *Cymbopogon citratus*
 Lime (Peru DISTILLED) *Citrus aurantifolia*
 Linaloe, (Mexico) *Bursera aloexylon*
 Mandarin (Spain pressed peel) *Citrus reticulata*
 Mandarin (Spain DISTILLED) *Citrus reticulata*
 Marjoram Sweet (France) *Origanum marjorana*
 Marjoram (Spain) *Thymus mastichina*
 Myrtle Flower (Morocco) *Myrtus communis*
 Niaouli, Organic (Madagascar) *Melaleuca quinquinervia*
 Nutmeg (Indonesia) *Myristica fragrans*
 Orange (U.S.A. pressed peel) *Citrus sinensis*
 Oregano (Bulgaria) *Origanum vulgare*
 Palmarosa (Comoros) *Cymbopogon martinii*
 Patchouli (Indonesia) *Pogostemon cablin*
 Pepper, Black (India) *Piper nigrum*
 Peppermint (U.S.A.) *Mentha piperita*
 Petitgrain Bigarade (Paraguay) *Citrus aurantium* var. *amara*

Essential Oil, Country of Origin, Latin Name

Pine Needles (Austria) *Pinus sylvestris*
 Ravensara, Organic (Madagascar) *Ravensara aromatica*
 Rosemary, Wild (Tunisia) *Rosmarinus officinalis*
 Rosewood (Brazil) *Aniba rosaeodora*
 Sage Lavandulifolia (Spain) *Salvia lavandulaefolia*
 Savory, Mountain (Croatia) *Satureia montana*
 Spearmint (USA) *Mentha cardacia*
 Spruce (Canada) *Picea alba*
 Tanacetum annum (Morroco)
 Tangerine (USA pressed peel) *Citrus reticulata*
 Tarragon (France) *Artemisia dracunculus*
 Thyme Serpolet (Spain) *Thymus serpyllum*
 Tea Tree (Australia) *Melaleuca alternifolia*
 Vetiver, Bourbon (Madagascar) *Vetivera zizanioides*
 Ylang Ylang Extra, Organic (Madagascar) *Cananga odorata genuina*

Essential Oils and Absolutes Precious & Rare

Angelica Root (France) *Archangelica officinalis*
 Chamomile Blue (Hungary) *Chamomilla recutita*
 Chamomile, Roman (England) *Anthemis nobilis*
 Frankincense (Somalia) *Boswellia carteri*
 Helichrysum, Organic (Madagascar) *Helichrysum angustifolium*
 Jasmine Absolute (India) *Jasminum officinale*
Laurus nobilis (Croatia)
 Melissa, (France) *Melissa officinalis*
 Myrrh (Somalia) *Commiphora myrrha*
 Neroli Supreme (Tunisia) *Citrus aurantium* var. *amara*
 Rose Otto (Bulgaria) *Rosa damascena*
 Sandalwood, (India) *Santalum album*
 Spikenard (Nepal) *Nardostachys jatamansi*



Care of Essential Oils

Essential Oils should always be stored in a dark, cool environment with bottle caps tightly secured.

One milliliter is approximately 20 drops of essential oil, sometimes 25 to 30 drops according to viscosity.

30 mL = 1 oz. or 2 Tablespoons

15 mL = ½ oz. or 1 Tablespoon

5 mL = 1/6 oz. or 1 teaspoon

Customers purchasing essential oils are assumed to have full knowledge of their use, properties, safety precautions, dosage or to be under the care of a qualified healthcare professional.

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Essential Oil Combinations

100% pure and genuine essential oils skillfully blended for diffusers, massage, facial oils, therapy baths, room & body mists, lotions & gels, or as a personal fragrance.

Alpine (Juniper, Pine, Peppermint, Niaouli) Crisp, cool blend to alleviate heady pressures. Recommended for inhalation, diffusers, foot/back massage.

Appetite Balance (Grapefruit, Peppermint, Geranium) Intended for inhalation.

Aromatic Pest-Away (Citronella, Cedarwood, Eucalyptus, Peppermint) Safe and effective for you and your pets. Recommended for diffusers, pet's bedding, lotions, spritzers, cleaning additive. When used in a lotion or spritzer, reapply every 2 to 3 hours for maximum effectiveness.

Beautiful Gardens (a blend of pure florals with Geranium, Marjoram, Neroli) Peaceful floral blend to soothe away tension and encourage relaxation. Recommended for massage, baths, body lotion, facial oil, or fragrance.

Breathe Easy (Bergamot, Tea Tree, Lemon) Clears, purifies, and cleanses. Recommended for inhalation, air fresheners, diffusers, and massage

Clarity (Rosemary, Basil, Petitgrain) For inhalation and diffusers to increase mental alertness and acuity. Aids memory and heightens concentration.

Composure (Geranium, Ylang Ylang, Patchouli) Calming mixture to balance seesaw emotions and steady mood swings. Lessens anxiety and irritability. Recommended for bath or massage.

Courage (Spruce, Rosewood, Frankincense, Tanacetum annum) Balancing, euphoric, anti-inflammatory, & immune enhancing.

Energize (Rosemary, Peppermint, Grapefruit) Invigorating combination to stimulate physical and mental vigor. Recommended for massage, diffusers, inhalation, room freshener.

Euphoria (Clary Sage, Rosewood, Cedarwood, Patchouli) A pleasurable intoxicating experience for bath, body oil, or as a fragrance.

Fern Creek (Fir, Bay, Chamomile Blue) Refreshing, energizing tonic. Recommended for inhalation, diffuser, room freshener, sport massage, and foot bath.

Fresh Breeze (Eucalyptus & citrus blend) Enlivening respirant recommended for diffusers, room freshener, back and chest massage.

Honeymoon (Ylang Ylang, Vetiver, Clary Sage, Patchouli) Sweet, sensual blend for massage, bath, or as a fragrance.

ImmuBoost (Thyme, Lavender, Eucalyptus) Enhances immune system function. Recommended for partial body massage, diffusers, inhalation.

ImmuBoost Extra (Thyme, Lavender, Eucalyptus, Balsamea) Enhances immune system function. Recommended for partial body massage, diffusers, inhalation.

ImmuBoost Spice (Thyme, Lavender, Eucalyptus, Clove, Cinnamon, Rosemary) Enhances immune system function. Recommended for partial body massage.

Inspiration (Frankincense, Jasmine) Spiritually uplifting. Recommended for body spritz, facial oil, fragrance, bath, massage, or meditation.

Nite Cap (Lavender, Chamomile Blue) To relieve nighttime restlessness. Recommended for bath, compress, massage and body oil, or relaxing, calming skin care.

Oasis (Basil, Lavender, Clary Sage) A retreat from stressful tension, worry, and mental fatigue. The ideal full body massage blend for "executive's stress" and heady pressures from travel.

Ortho-Flex Original (Rosemary, Juniper, Lavender, Eucalyptus) For everyday aches and soreness of simple fatigue. Excellent warm-up blend before or after exercise. Recommended for massage, bath, diffuser, or compress.

Ortho-Flex Extra (Peppermint, Juniper, Cajeput, Eucalyptus) Cool, penetrating blend especially for neck, shoulder, hip, and foot pain or soreness. Great relief after sports or exercise. Recommended for inhalation and partial body massage.

Ortho-Flex Spice (Ginger, Black Pepper, Eucalyptus, Juniper) For deeper, more penetrating relief from aches and pains after sports or workouts. Recommended for bath, massage, and compress.

Refreshers (Tangerine, Peppermint, Eucalyptus) Fresh, bracing tonic recommended for inhalation, sport massage, foot bath, and room freshener.

Romance (Sandalwood, Cedarwood, Ylang Ylang) Sweet, dreamy blend recommended for facial oils, fragrance, massage, and body lotion.

Serenity (Lavender, Tangerine, Marjoram) Tranquil, reassuring blend recommended for baths, body lotions, body spritz, massage, diffuser, and facial oils.

South Seas (Sandalwood, Cedarwood, Mandarin) Stress relief blend inducing peaceful feelings. Recommended for fragrance, massage, body lotion, baths, and facial oils.

Spice (Fir, Mandarin, Clove) Holiday blend ideal for room spritzers. Effective back massage.

Sunrise (Lemon, Rosemary, Lavender) Multipurpose blend to balance, refresh, and uplift. Use anytime for air freshener, inhalation, or massage.

Winter Silk (Lavandin, Rosewood, Patchouli) A soft and sensual blend for baths, massage, air freshener, or as a fragrance.



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Windrose Ultra Jet System Diffusors

patented highly efficient diffusors

A diffusor is a special device uniquely designed to disperse pure essential oils into the atmosphere. It is the most effective way to finely vaporize essential oils without harming or altering their vital components and valuable properties.

Our affordable and attractive jet system diffusors combine the benefits of a super fine essential oil mist, oil efficiency, and an easy cleaning feature.



Ultra Jet Diffusor

Hand made ceramic base, includes cobalt blue bottle for essential oils. Quiet, adjustable Rena 200 Air Pump covers 2,000+ sq. ft.

Ultra Jet Diffusor DELUXE

All-in-one oak case stores the Ultra Jet Diffusor and space for three ½ oz. essential oil bottles. Includes the cobalt blue bottle for essential oils, plus pure essential oil combinations of ½ oz. Breathe Easy, Energize, and Nite Cap. Quiet, adjustable Rena 200 Air Pump covers 2,000+ sq. ft.

Use only pure essential oils in your diffusor. Particularly viscous essential oils, such as Sandalwood and Patchouli, must be highly diluted with lighter essential oils to avoid clogging. *Periodically clean your diffusor with alcohol.*

EO Blend

Alpine
Beautiful Gardens
Breathe Easy
Clarity
Composure
Energize
Fern Creek
Fresh Breeze
ImmuBoost
Inspiration
Nite Cap
Oasis
Ortho-Flex Original
Refresher
Romance
Serenity
South Seas
Sunrise

Codes

C, P, R
N
P, R, U
C, P, U
S, N
C, P, U
P, R, U
P, R, U
C, P, R
P, N
P, N, R
C, P, S, N
C, P, R
S, N
N, S
S, N
P, U

Properties

Crisp, cool blend to alleviate heady pressures and stuffiness
A floral medley to soothe away tension and encourage relaxation
Clears the air, purifies and cleanses the environment
Enhances mental acuity; aids memory; heightens concentration
Helps balance emotions and steady mood swings
Coolly stimulates physical and mental vitality
Bracing, purifying tonic
Enlivening, expansive, and revivifying
Invigorating tonic
Meditative and grounding essence
Relaxing, calming; relieves nighttime restlessness
A retreat from stressful tension, worry, and mental fatigue
Fresh, cleansing, clearing.
Cool and expansive
Sweet, dreamy melange
Tranquil, reassuring harmony
Helps relieve stress and induce peaceful feelings
Arousing and uplifting

Essential Oil Blends
recommended for diffusor use

C = Caution: for short term use **P** = Purifying **N** = Nervine/Calmng **R** = Respirant **S** = Stress Relief **U** = Uplifting/Refreshing

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Pure Carrier Oils

Carrier oils are pure, cold-pressed nut and seed oils that may serve as the *base* for aromatherapy body, face, and massage oil blends. These base oils, which are lipid soluble, are absorbed into the skin and therefore make excellent carriers for essential oils. Try combining different base oils to create a customized product suitable for your specific needs.

Cold or expeller pressed oils

natural vitamin E added to increase shelf life

Almond Oil, Sweet *Prunus dulcis*

Extracted from almond nuts, Sweet Almond Oil is a rich emollient with soothing, nourishing, and conditioning properties. It is high in free fatty acids, glucosides, vitamins, minerals, and protein. It is valuable as a lubricating treatment for all skin types but especially beneficial for dry, itching, flaking skin. As a lubricant preferred for its viscosity and durability, Sweet Almond Oil is also particularly popular for massage because it applies easily and provides slick lubrication leaving a slight oily feeling on the skin.

The oil's appearance is virtually clear with a pale yellow tint and has a faint, if any, aroma. Somewhat heavier than other carrier oils, Sweet Almond Oil can be used as 100% of a base. It generally has a medium shelf-life requiring cool-storage or refrigeration.

Apricot Kernel Oil *Prunus armeniaca*

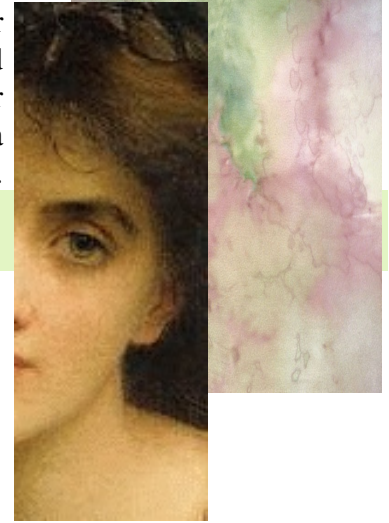
Produced from the seed kernel of the apricot, the oil is plentiful with vitamins and minerals, particularly the preservative, antioxidant vitamins A, C, and E. Finely textured and nourishing for all skin-types, especially dry, tired, aging and sensitive skin, this light yet rich oil is readily absorbed by the skin making it a fine facial and scalp oil. Frequently used in creams and lotions as a dermal conditioning agent that is emollient and non-greasy. It may be used up to 100% as a base and its semi-oily texture makes this oil a helpful ingredient in massage blends. Apricot Kernel Oil possesses a faint aroma and a nearly clear to pale yellow color. Refrigeration is required to extend its otherwise short shelf life.

Borage Oil (Starflower Oil) *Borago officinalis*

Borage has a long history of medicinal, culinary, and decorative use especially in Europe where it grows wild around the Mediterranean. Today, the plant is harvested for its seeds, which when cold-pressed yield an oil having an abundant supply of the Omega-6 fatty acid gamma-linolenic acid.

Numerous clinical studies of Borage oil reveal that its therapeutic effectiveness is achievable when the oil is administered either orally or topically. Indeed, topical applications of Borage were often found to provide the same level of efficacy as ingestion of the oil in capsule form. Moreover, even those skin areas to which Borage oil was not directly applied nonetheless benefitted from Borage's high GLA content and other properties transmitted by dermal absorption and synthesis.

Containing 20% to 24% GLA, the pale yellow oil leaves a slightly oily texture on the skin. Borage is an excellent treatment for numerous dermal conditions and for all skin types especially mature skin. Regarded as a top-notch tissue rejuvenator, it noticeably restores devitalized, sun-damaged or otherwise weather-damaged skin.



GLA Oils

Evening Primrose Oil and Borage Oil are unusually rich in an Omega-6 fatty acid (polyunsaturated fatty acid) called gamma-linolenic acid or GLA.

GLA is one of the essential fatty acids (EFA) group. They are called essential because the body must have them to perform various vital functions. More specifically, GLA is required to produce a group of hormone-like compounds called *prostaglandins* that control every organ and which especially affect the cardiovascular, integumentary, and immune systems.

Phyto oils rich in GLA are superb tissue hydrators with excellent absorption rates. They help reduce the appearance of wrinkles and fine lines, smooth the skin, reduce scarring, and soothe skin irritation. They are usually blended in small, often 10% dilution with other carrier oils. To maintain their freshness and properties, GLA Oils should be refrigerated or stored in a cool, dark place.

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Pure Carrier Oils (continued)



Cold or expeller pressed oils

Grape Seed Oil *Vitis vinifera*

Extracted from grape seeds, this very light, highly penetrative oil is ideal for massage therapy. Rich in essential fatty acids, it also contains a good share of vitamins and minerals. Grape Seed Oil is beneficial for all skin types but particularly, owing to its mildly astringent properties, for problem and oily skin. Its rapid and thorough dermal absorption penetrates even congested, resistant skin. Its highly effective antioxidant properties help to enhance the quality, health, and vitality of the skin. The oil has a delicate aroma, a smooth, satiny texture, and a light to scarcely visible green hue. It works well as a single base carrier or as a blend ingredient.

Hazelnut Oil *Corylus avellana*

Obtained from the hazel nut, Hazelnut Oil contains a good complement of vitamins, minerals, proteins, and essential fatty acids and is a highly desirable moisturizing and emulsifying ingredient for superior cosmetic preparations. A light oil with astringent and toning properties, it is specifically used to firm and tighten skin, strengthen capillaries, and maintain tissue elasticity. Moreover, Hazelnut is frequently employed as a facial oil for its nourishing and softening qualities and cytophylactic properties. Lubricating and nourishing, it is readily absorbed and an especially good choice for oily, blemished, or combination skin. A pale yellow, thinly textured oil with a nutty aroma, it can be used alone as a base but more often it is no more than 10% of any formulation.

Joboba Oil *Simmondsia chinensis*

Joboba Oil is not, in fact, an oil but instead a liquid wax extracted from the jojoba bean. Sometimes referred to as "Liquid Gold," Jojoba gained prominence as a more humane substitute for sperm whale oil, with which it shares some functional attributes. Actually, its chemical composition resembles that of human sebum, our skin's naturally oily secretion. Owing to its own sebaceous nature, Jojoba readily penetrates and disperses sebum. Jojoba is particularly valuable in facial and body oils as well as hair treatments. It is antioxidant and preservative, naturally pH balanced, and has extraordinary moisturizing, lubricating, and emollient properties.

This oil's aroma is distinct but light and pleasant without sweetness. Generally yellow in color, its texture feels more waxy smooth and silky rather than slick and wet. It penetrates hence absorbs nicely, leaving the skin conspicuously soft, smooth, and supple.

Jojoba is commonly mixed in a small proportion, say 10%, with other oils. It can, however, be used by itself as a base as well as an ingredient in blends. Being chemically quite stable, it has an extraordinarily long shelf-life. For that reason and its antioxidant constituents it does not turn rancid as do other oils.

Primrose Oil (Evening Primrose Oil, Evening Star) *Oenothera biennis*

Indigenous to North America, the Evening Primrose was introduced to Europe in the 1600s, where the English dubbed it "the King's cure-all," citing its healing powers for a wide array of ailments. There are several varieties of Evening Primrose classified in the *Onagraceae* family and found throughout North America. Evening Primrose oil, extracted from the seeds of *Oenothera biennis*, contains an unusually high percentage of polyunsaturated fatty acids including 8% to 10% gamma-linolenic acid. Nutrient-rich, its nourishing constituents assist the repair and proper maintenance of skin tissue and make Evening Primrose oil valuable for treating dry, devitalized or aging skin. Its astringent, antiphlogistic properties are effective for a variety of skin conditions. Evening Primrose is a finely textured, golden-yellow oil that leaves just a slight residue on the skin.

Rosehip Seed Oil *Rosa mosqueta*

The tiny amber seeds of the rose hip plant yield an oil extraordinarily high in essential fatty acids and other unique phyto-chemicals. Known for its reputation as a superior "skin rejuvenator," Rosehip Seed Oil acts to diminish wrinkles, marks and scars, and has been used as a remarkably effective treatment for burns of all kinds. In fact, the oil provides unique benefits to the treatment of sun-damaged, wrinkled, or otherwise prematurely aged skin. It will also promote the regeneration of skin tissue. Rosehip Seed Oil successfully remedies many more common dermatological conditions, including brown spots or other discolorations. Indeed, any dermal condition that requires tissue repair and skin cell regeneration benefits from this oil. Because of its extremely high concentration of essential fatty acids, Rosehip Seed Oil is sometimes contraindicated for oily or blemished skin. It may otherwise be applied directly to an affected area or contribute 5% to 10% to an oil blend. The oil has an earthy aroma, a clear to very pale yellow color and a light texture that deposits an oily residue on the skin. Fragile, it will quickly go rancid if not preserved by refrigeration. Rosehip Seed Oil is for external use only.

Tamanu Oil *Calophyllum inophyllum*

The sun-dried nut taken from the fruit of the tamanu tree yields an oil revered as "Green Gold." It has been applied topically as a remedy for various skin ailments and injuries, such as cuts, wounds, burns, and abrasions; bites, stings, blisters, dry flaky skin and scalp. Its analgesic effects help relieve the pain of sunburn. Tamanu Oil readily absorbs, leaving surprisingly little or no residue despite its viscosity. It has a mildly nutty fragrance, smoothly viscous texture, and dark green color. Tamanu Oil is suitable only for external use on the skin. Considered generally hypo-allergenic and non-toxic, adverse reactions are possible perhaps by those who have an allergy to varieties of nuts.

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Natural Base Products

Natural Base Products

Body Balm Base - Enriched base for body, face, or massage treatments including hazelnut, apricot kernel, and avocado oils, panthenol, linden flower extract, Irish moss, & vitamins A, D, and E. Suggested use: To prepare an aromatherapy body balm, add 1% to 5% of pure and genuine essential oils.

Herbal Body Lotion Base - Creamy white moisturizing concentrate including panthenol, phospholipids, aloe vera gel, Irish moss, safflower & hazelnut oils, sodium pca, and natural vitamin E. Suggested use: To prepare an aromatherapy lotion, add 1% to 5% of pure and genuine essential oils.

Natural Shampoo, Bath Gel, Body Wash Base - Versatile moisturizing base formula including seaweed, yucca, St. John's wort, and Indian balsam extracts, panthenol, phospholipids, safflower and jojoba oils, Irish moss, aloe vera gel, and natural vitamin E. Suggested use: To prepare an aromatherapy shampoo, bath gel, or body wash, add 1% to 2% of pure and genuine essential oils.

Aloe Vera Gel, Aloe barbadensis - 100% pure, concentrated, potent liquid amber extract. For thousands of years, aloe vera, member of the *Liliaceae* family, has been valued for its therapeutic properties. Best known for its marvelous effects on damaged epithelium tissue, aloe vera contains many beneficial vitamins, enzymes, minerals, sugars, amino and fatty acids. Suggested use: Most often applied topically for burns, itching, psoriasis, abrasions, skin ulcerations, and general wound healing, our Aloe Vera may be used singly or combined with other natural base products.

Argilietz®, French Green Illite Clay Powder - A fine, purifying mineral clay; remineralizing, detoxifying. For suggested use, please see below.

Coconut Emulsifier - Rich emulsifier to make essential oils water dispersible. Suggested use: Blend one drop of Coconut Emulsifier with as many as six drops of pure essential oils. Add desired quantity of room temperature distilled water. **Special Vitamin E** - Natural mixed tocopherol anti-oxidant. Suggested use: To increase the shelf life of vegetable oils, or other base products, add 5% special vitamin E.

Authentic Floral Waters (Hydrolats/Hydrosols)



A true floral water (*aromatic hydrolat* or *hydrosol*) contains the plant's water-soluble components infused into a distillate during the same steam distillation process that produces essential oils. Since true floral waters are milder than the concentrated essential oils, they are excellent topical applications for the skin. Authentic Floral Waters are ready to use as skin toners and fresheners, in compresses and mask blends, or as full body spritzers.

Bulgarian Rose for all skin types, especially dry, mature, and sensitive skin.

Roman Chamomile for all skin types, especially for sensitive, inflamed or problem skin.

French Green Clay

Highly prized for centuries, green clay is rich in magnesium, iron, silica, calcium, potassium, and other trace minerals. Known for having greater absorbency than other clays, green clay has the ability to draw toxins and impurities from the skin, to tone by bringing blood to surface areas, and to exfoliate dead skin cells, thereby improving the skin's overall health and appearance. As a detoxifying agent in face and body masks, therapy baths, cellulite treatments, scalp problems, foot care, or as a poultice to comfort joints and muscles, green clay is one of the most effective and versatile healing catalysts.

Powdered clays can be mixed with a variety of liquids including apple cider vinegar, aloe vera, distilled water, floral waters, and mineral water, sometimes incorporating a small amount of honey, seaweed, algae, or other natural substances. Caution: Always avoid eye area and other mucous membranes. Do not use on sensitive, broken, or irritated skin. Always discard clay after use.



authentic aromatherapy

Your complete aromatherapy source, offering pure and genuine essential oils, diffusers, quality base products & accessories
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For information about Time Labs wholesale purchasing programs

Toll Free: 877-846-3522 • Idaho: 208-232-5250 • Fax: 888-846-3329 / 208-232-6018 • E-mail: info@timelabs.com • Web: www.timelabs.com Rev 07/09



Specialty

Heart Scent Locket

Lovely sterling silver locket that gently diffuses essential oils throughout the day.

Includes a supply of aroma pads to add your own essential oils.



Gold Heart Scent Locket

Beautiful 24K Gold over sterling silver locket with a supply of aroma pads to add your own essential oils.

Companion Pak

Pak and go natural remedies

Each pouch contains pure & genuine essential oils of:

- ½ oz. Lavender,
- ½ oz. Peppermint,
- ½ oz. Tea Tree,
- ½ oz. Eucalyptus,
- ½ oz. Rosemary,
- 5 mL Roman Chamomile.



Ask for the instructive Uses Pamphlet.

Happy Feet Slippers.

Cozy slippers can be heated or chilled to help relieve tired, aching feet.

Colors will vary.



Relaxing Wheat Pack

Soothing pack can be heated or chilled to help relieve tired, aching muscles.

Great for aromatherapy compress.

Colors will vary.



Eye Pillow

This small wheat-filled pillow is just the right size and weight to relieve fatigue around the eye area. May be heated or chilled.

Colors will vary.



Pure and genuine essential oils may be used to help relieve jet lag, ease muscle soreness, reduce stress, promote rest and relaxation, quick inhalation therapy, boost mental alertness, and as fast-aid for minor scrapes, scratches, bumps, and bruises.

- To create **Air Fresheners** that purify and enhance the atmosphere, fill a 4-ounce spritzer bottle with distilled water and add 40 to 60 drops pure essential oils. Always shake before each use.
- Take an aromatherapy **Bath** to help calm your nerves, soothe aching muscles, and clear your mind. This is truly one of the most effective but often overlooked methods of gaining the powerful benefits of essential oils. To your fully drawn bath add 8 to 10 drops of pure essential oils along with 1 teaspoon of a light carrier oil such as grape seed or apricot kernel oil. Gently stir bath water just before you enter. Relax in the tub for 20 minutes.
- Make your own custom lotion by adding 15 to 20 drops of pure essential oils to each ounce of **Body Balm** Base. Mix well before using.
- Create a **Body Spritzer** by mixing 4 ounces of distilled water with 30 to 50 drops of pure essential oils. Shake well before each use. Avoid spraying into eyes.
- A simple and convenient method for **Inhalation** is to place 2 to 5 drops of pure essential oils on a clean tissue, then inhale. Another is to rub a few drops of essential oils in the palms of your hands, then inhale.

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Essential Oil Latin Botanical Name	Plant Source	Properties / Uses	
ANGELICA ROOT <i>Archangelica officinalis</i>	herb/ root	purifying, restorative, balancing, tonic / skin care, fragrance, massage, bath, compress (<i>PMS, menstrual pain</i>)	
BASIL Low M.C. <i>Ocimum basilicum var. crispum</i>	herb/ leaves	nervine, antispasmodic, respirant, revivifying, energizing / massage, inhalation, sport blends, skin and scalp care	
BERGAMOT FCF <i>Citrus aurantium var. bergamia</i>	tree/ peel	cleansing, purifying, deodorant, calming, balancing, refreshing / bath, diffuser, skin and scalp care, lotions, spritzers	
CARDAMOM <i>Elettaria cardamomum</i>	plant/ fruit	deodorant, nervine, purifying, carminative, stimulant / massage, sport blends, compress, spritzers, mouthwash, lotions	
CARROT SEED <i>Daucus carota var. sativa</i>	vegetable/ seeds	relaxing, cleansing, purifying, immunostimulant, cell renewing / skin care, salves & ointments, cellulite massage	
CEDARWOOD <i>Atlas Cedrus atlantica</i>	tree/ wood	astringent, antispasmodic, grounding, protective / fragrance, insecticide, massage, spritzers, skin and scalp care, lotions, fixative	
CHAMOMILE Blue <i>Chamomilla recutita</i>	herb/ flowers	antispasmodic, rejuvenative, immunostimulant, soothing, calming, anti-inflammatory / skin care, hair care, baths, compress, lotions	
CHAMOMILE Roman <i>Anthemis nobilis</i>	herb/ flowers	antispasmodic, anti-inflammatory, analgesic, rejuvenative, nervine, soothing, restorative, wound healing, balancing / skin care, massage, inhalation, compress, sport blends, baths	
CINNAMON Leaf <i>Cinnamomum zeylanicum</i>	tree/ leaf	purifying, rubefacient, warming, stimulating, adrenal stimulant / scalp care, sport & cellulite blends, fragrance, foot treatments, liniments	
CITRONELLA <i>Cymbopogon nardus</i>	grass	deodorant, stimulant, purifying, enlivening / insect repellent as spritzer or diluted lotion	
CLARY SAGE <i>Salvia sclarea</i>	herb/ flowering tips	antispasmodic, nervine, euphoric, sedative, estrogenic, deodorant / massage, compress (PMS), baths, skin care treatments	
CLOVE BUD <i>Eugenia caryophyllata</i>	tree/ buds	purifying, rubefacient, arousing, fortifying / dentifrice, spritzers, foot treatments, liniments	
CYPRESS <i>Cupressus sempervirens</i>	tree/ leaves	antitussive, styptic, deodorant, relaxing, soothing / sitz bath, compress, skin care, massage, diffuser	
EUCALYPTUS <i>Eucalyptus globulus</i>	tree/ leaves	respirant, anti-infectious, rejuvenative, expansive, invigorating / diffuser, massage, inhalation, sport & cellulite blends, spritzers, liniments, <i>chest rubs</i>	
EUCALYPTUS <i>Eucalyptus radiata</i>	tree/ leaves	respirant, rejuvenative, expansive, invigorating / diffuser, massage, inhalation, sport & cellulite blends, spritzers, liniments	
FENNEL <i>Foeniculum vulgare</i>	herb/ seeds	carminative, strengthening / hair care, cellulite massage, compress	
FIR NEEDLES <i>Abies siberica</i>	tree/ needles	cleansing, purifying, respirant, deodorant, rejuvenative, bracing, energizing / diffuser, massage, sport & cellulite blends, inhalation, spritzers, liniments	
FRANKINCENSE <i>Boswellia carterii</i>	tree/ resin	cleansing, purifying, cytophylactic, rejuvenative, meditative, protective, replenishing, clarifying / fragrance, skin care, inhalation, massage, lotions, baths, salves & ointments	
GERANIUM Bourbon <i>Pelargonium roseum</i>	plant/ leaves	astringent, cytophylactic, cleansing, purifying, rejuvenative, balancing / skin care, fragrance, baths, diffuser, massage, lotions, spritzers	
GINGER ROOT <i>Zingiber officinale</i>	plant/ root	cleansing, purifying, rubefacient, rejuvenative, stimulative, tonic, aphrodisiac / dyspepsia, liniments, massage, sport & cellulite blends	
GRAPEFRUIT <i>Citrus paradisi</i>	tree/ peel	cleansing, tonic, uplifting, refreshing, balancing / skin care, lotions, spritzers, diffuser, massage, sport & cellulite blends	

Essential Oil Latin Botanical Name	Plant Source	Properties / Uses
HELICHRYSUM <i>Helichrysum angustifolium</i>	plant/ flowers	"bumps and bruises eraser," strong analgesic, rubefacient, purifying, antispasmodic, rejuvenative, balancing, renewing, liver decongestant / compress, massage, salves & ointments
JUNIPER BERRIES <i>Juniperus communis</i>	bush/ fruit	anti-inflammatory, diuretic, tonic, stimulating, refreshing / compress, massage, baths, sport & cellulite blends, spritzers, liniments
LAURUS, Bay Laurel <i>Laurus nobilis</i>	tree/ leaves	hypotensive, cleansing, purifying, immunostimulant, restorative, antihysterical / insect repellent, fragrance, spritzers, salves & ointments, massage
LAVANDIN <i>Lavandula x Int hybrida</i>	plant/ flowers	cleansing, purifying, balancing, stabilizing, respirant / insect repellent, skin care, spritzers, massage, diffusor, lotions
LAVENDER <i>Lavandula angustifolia</i>	plant/ flowers	calming, relaxing, soothing, balancing, anti-inflammatory, antispasmodic, analgesic, wound healing, rejuvenative, anti-fungal / bath, inhalation, mouthwash, skin care, massage, sport blends, diffusor, spritzers, compress, lotions
LEMON <i>Citrus limonum</i>	tree/ peel	cleansing, purifying, stomachic, reviving, refreshing, tonic, cleansing / skin care, spritzers, diffusor, compress, sport & cellulite blends, lotions
LEMONGRASS <i>Cymbopogon citratus</i>	grass	rubefacient, nervine, tonic, sedative, balancing, insect repellent / fragrance, massage, spritzers, diffusor, lotions
LIME <i>Citrus aurantifolia</i>	tree/ peel	cleansing, purifying, antiseptic, tonic, refreshing, uplifting / inhalation, spritzers, diffusor, lotions, massage, sport blends, baths
MANDARIN <i>Citrus reticulata</i>	tree/ peel	tonic, hypotensive, soothing, calming, uplifting, relaxing / fragrance, skin care, spritzers, massage, lotions, baths, diffusor
MARJORAM <i>Origanum marjorana</i>	plant/ flowering herb	rubefacient, nervine, antispasmodic, sedative, renewing / diffusor, massage, skin care, compress, baths
MELISSA <i>Melissa officinalis</i>	herb/ leaves	uplifting, anti-depressant, cleansing, purifying, sedative, calming / skin care, massage, inhalation, lotions, spritzers
MYRRH <i>Commiphora myrrha</i>	tree/ resin	anti-catarrhal, cleansing, purifying, fortifying, cooling, / dentifrice, skin care, inhalation, massage, salves & ointments, mouthwash, fixative
MYRTLE Flower <i>Myrtus communis</i>	bush/ flowering tips	respirant, cleansing, purifying, balancing, mild stimulant, tonic / massage, compress, mouthwash, baths, inhalation
NEROLI <i>Citrus aurantium var. amara</i>	tree/ flowers	calming, anti-depressant, uplifting, hypotensive, antispasmodic, aphrodisiac, balancing, cell renewing / fragrance, skin care, massage, baths, inhalation, lotions, spritzers
NUTMEG <i>Myristica fragrans</i>	tree/ seeds	rubefacient, purifying, stimulating, aphrodisiac, arousing / fragrance, spritzers, compress, lotions, foot treatments
ORANGE, Sweet <i>Citrus sinensis</i>	tree/ peel	hypotensive, tonic, refreshing, balancing, cleansing / fragrance, skin care, spritzers, inhalation, lotions
OREGANO <i>Origanum vulgare</i>	herb/ flowering tips	purifying, rubefacient, balancing, antibacterial, antiviral, antifungal, antmyalgic, antineuralgic / highly diluted compress, foot treatments, salves & ointments
PALMAROSA <i>Cymbopogon martinii</i>	plant/ leaves	hydrating, tonic, clarifying, refreshing / skin and scalp care, fragrance, bath, spritzer, massage, diffusor, lotions
PATCHOULI <i>Pogostemon cablin</i>	plant/ leaves	cleansing, purifying, healing, arousing, aphrodisiac, grounding / skin and scalp care, salves & ointments, fragrance, spritzers, massage, foot treatments, lotions, fixative
PEPPER, BLACK <i>Piper nigrum</i>	plant/ fruit	analgesic, cleansing, purifying, rubefacient, fortifying, enlivening / massage, compress, sport & cellulite blends, salves & ointments, liniments



Melissa field

Essential Oil Latin Botanical Name	Plant Source	Properties / Uses
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Peppermint field just before harvesting

PEPPERMINT <i>Mentha piperita</i>	herb/ leaves	stomachic, rubefacient, carminative, balancing antispasmodic, toning, invigorating, energizing / dyspepsia, inhalation, mouthwash, compress, partial body massage, foot treatments, liniments spritzers, sport blends, salves & ointments
PETITGRAIN Bigarade <i>Citrus aurantium var. amara</i>	tree/leaves	nervine, anti-depressant, antiperspirant, clarifying, refreshing, / skin care, fragrance, bath, inhalation, massage, spritzers, diffusers, lotions
PINE NEEDLES <i>Pinus sylvestris</i>	tree/ needles	cleansing, purifying, rejuvenative, respirant, bracing, stabilizing, deodorant, adrenal tonic / inhalation, spritzers, diffusor, massage, sport & cellulite blends, liniments
RAVENSARA <i>Ravensara aromatica</i>	plant/ leaves & stems	cleansing, purifying, nervine, rejuvenative, respirant, immunostimulant, antibacterial, antiviral, antifungal / inhalation, skin care, massage, compress, sport blends
ROSE Otto <i>Rosa damascena</i>	bush/ flowers	cell renewing, regulative, rejuvenative, purifying, euphoric, soothing, balancing, calming / skin care, fragrance, spritzers, baths, massage, lotions, inhalation, compress
ROSEMARY <i>Rosmarinus officinalis</i>	herb/ leaves	nervine, rubefacient, rejuvenative, energizing, stimulating, balancing / hair and scalp care, inhalation, diffusor, massage, spritzers, sport & cellulite blends, lotions, liniments
ROSEWOOD Bois de Rose <i>Aniba rosaedora</i>	tree/ wood	regulative, cell renewing, euphoric, grounding / deodorant, fragrance, massage, spritzers, bath, lotions, fixative
SANDALWOOD <i>Santalum album</i>	tree/ wood	purifying, astringent, grounding, euphoric / lotions, massage, sitz baths, spritzers, fixative
SPEARMINT <i>Mentha cardacia</i>	herb/ leaves	tonic, nervine, rejuvenative, invigorating, refreshing / skin care, fragrance, spritzers, diffusor, inhalation, mouthwash, partial body massage, foot treatments, liniments, sport blends, salves & ointments
SPIKENARD <i>Nardostachius jatamansi</i>	plant/ root	tonic, rubefacient, arousing, stimulating, restorative / fragrance, skin care, baths, salves & ointments, massage, lotions, spritzers, fixative
SPRUCE <i>Picea alba</i>	tree/ needles	adrenal tonic, respirant, bracing, steadying, replenishing / inhalation, massage, sport blends, diffusor, baths, spritzers
TANGERINE <i>Citrus reticulata</i>	tree/ peel	tonic, hypotensive, soothing, relaxing, calming / fragrance, skin care, baths, spritzers, massage, lotions
TARRAGON <i>Artemisia dracunculus</i>	herb/ leaves	carminative, revitalizing, regulating, purifying hormone balancing, anti-cancer / dyspepsia, compress, cellulite massage blends
TEA TREE <i>Melaleuca alternifolia</i>	tree/ leaves	cleansing, purifying, balsamic, antibacterial, antiviral, antifungal / scalp and skin care, inhalation, salves & ointments, diffusor, spritzers, compress, massage, mouthwash
THYME Red <i>Thymus vulgaris</i>	herb/ leaves	cleansing, purifying, rubefacient, stimulating, energizing / compress, salves & ointments, sport & cellulite blends, foot treatments, partial body massage, liniments
YLANG YLANG <i>Cananga odoranta genuina</i>	tree/ flowers	regulative, hypotensive, balancing, aphrodisiac, euphoric / fragrance, skin care, massage, baths, lotions, spritzers, inhalation, fixative

Cautionary Oils

Dermal Irritants

Linden Blossom, Lemongrass, Anise, Ylang Ylang, Citronella, Ginger, Clove, Cinnamon, Camphor, Oregano, Savory, Birch, Bay

Toxic Oils

Hyssop, Mugwort, Pennyroyal, Wintergreen, Wormseed, Wormwood, Savin, Tansy, Thuja, Rue, Parsley, Mustard, Calamus, Boldo, Horseradish

Botanical Families of Essential Oil Plants

ANNONACEAE

cananga, yang ylang

APIACEAE see **UMBELLIFERAE**

ASTERACEAE see **COMPOSITAE**

BETULACEAE

birch

BURSERACEAE

elemi, frankincense (olibanum), myrrh

CISTACEAE

cistus (labdanum)

COMPOSITAE / ASTERACEAE

calendula (marigold), chamomile, costus, elecampane (inula, horseheal), helichrysum (everlasting, immortelle), mugwort (artemisia, armoise), sweet inula, taget (tagette), tansy, tarragon, wormwood, yarrow (milfoil)

CONIFERAE see

CUPRESSACEAE and **PINACEAE**

CUPRESSACEAE

cade (prickly juniper), cedarwood texas & virginia, cypress, juniper, savin, thuja

GERANIACEAE

geranium

GRAMINEAE / POACEAE

citronella, lemongrass, palmarosa, vetiver

LABIATAE / LAMIACEAE

basil, clary sage, hyssop, lavandin, lavender, marjoram, melissa (lemon balm), oregano, patchouli, pennyroyal, peppermint, rosemary, sage, savory, spearmint, spike lavender (aspic), thyme

LAMIACEAE see **LABIATAE**

LAURACEAE

cassia, cinnamon, laurus nobilis (bay laurel, true bay, sweet bay), litsea cubeba (exotic verbena), ravensara, rosewood (bois de rose)

LILIACEAE

garlic, hyacinth

MIMOSACEAE

cassie (sweet acacia, opopanax), mimosa

MORACEAE

hops (lupulus)

MYRISTICACEAE

mace, nutmeg



MYRTACEAE

allspice (pimenta, pimento), bay (bay oil, bay leaf), cajeput, clove, eucalyptus, myrtle, niaouli (gomenol, m. quinquenervia), tea tree

OLEACEAE

jasmine

PINACEAE

cedarwood atlas, fir, hemlock, pine, spruce, turpentine (terebinth)

PIPERACEAE

black pepper, cubeba

POACEAE see **GRAMINEAE**

ROSACEAE

rose

RUTACEAE

bergamot, bitter orange, gardenia, grapefruit, lemon, lime, linden blossom, mandarin, neroli (orange blossom), petitgrain, rue, sweet orange, tangerine

SANTALACEAE

sandalwood

UMBELLIFERAE / APIACEAE

ajowan, angelica, aniseed, caraway, carrot, celery, chervil (garden chervil), coriander, cumin, dill, fennel, galbanum, lovage, muskroot (sumbul), parsley

VALERIANACEAE

spikenard, valerian

VERBENACEAE

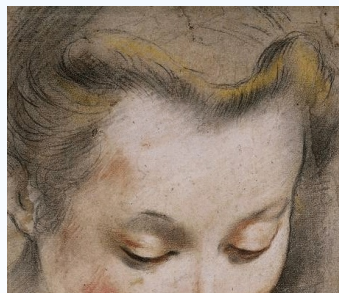
lemon verbena (verbena)

VIOLACEAE

violet

ZINGIBERACEAE

cardamom, ginger, turmeric



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